

LERT Code of Conduct

The Eldora Mountain Ski and Snowboard Club is made up of individuals, who will be looked upon as members of a team. Because the actions of each team member reflect upon the entire team, all athletes are expected to abide by the following Code of Conduct while training, traveling, &/or participating in competitions (on & off the hill).

1. Athletes shall maintain high standards of moral and ethical conduct, which will include self control and responsible behavior, consideration for other's physical and emotional well being, and courtesy and good manners at all times.
2. Athletes will not use illegal substances.
3. Athletes will not smoke, chew tobacco, or illegally use alcoholic beverages.
4. Athletes will not commit illegal acts; including thievery, &/or vandalism.
5. Athletes will not use profane or abusive language.
6. Athletes will abide by the rules of competition.
7. Athletes will abide by the code of conduct of their national governing body, by the rules of their school system, and by the rules of the Eldora Mountain Resort and other areas where they will compete.
8. Athletes will show respect to all race officials. Protests and complaints may be filed through their coach &/or referee only.
9. Athletes should carry their USSA/RMD card and present it to race officials, if asked to do so.
10. Athletes will not engage in "doping" nor will they engage in any activity which is intended to violate this rule. Doping is the use of any substance or material introduced into the body with the objective of artificially increasing performance before or during competition.

Violation of any of these rules is grounds for disciplinary action, through the Eldora Mountain Ski Club Board of Directors Standards Committee.

***If a violation of the above Code occurs at a race, the racer will be immediately suspended and sent home. It is the responsibility of the racer's parents to provide transportation from the race location. The Standards Committee will determine further disciplinary action. If a racer is suspended, program fees will not be refunded. Parents and athletes will be held liable for all damage to persons or property.

*** If property damage occurs, the athlete(s) will be held financially liable for all damage(s) whether intentional or accidental. Intentional damage is cause for disciplinary and/or legal action.

Caution: If an athlete fails to restrain another from damaging property, they will be considered a participant and will be held liable as such.

Alcohol and Drug Use/ Abuse Policy – Athlete:

EMSC discourages the misuse/use of alcohol and drugs due to the detrimental effect such use may have on the athlete, teammates and athletic performance. It is the desire of EMSC that an athlete has a positive experience and develops a foundation to facilitate the choice of athletics over recreational drug use.

The EMSC athletics program believes that the use of illicit drugs, alcohol, and performance enhancing drugs (regardless of where or how the athlete obtained the medication) has no place in sports for the following reasons:

- 1.) There are potential health and safety problems associated with the use and abuse of drugs and alcohol.
- 2.) The ideal of fair and equitable sports competition is not compatible with drug use.
- 3.) No athlete should have an artificially induced advantage. This is cheating.
- 4.) No athlete should be pressured to use chemical substances in order to remain competitive.

EMSC prohibits the unlawful possession, use or distribution of alcohol and drugs by all athletes. Athletes are subject to laws prohibiting the use of alcohol under the age of twenty-one and illegal drugs.

Athletes may be asked to consent or provide parental consent to drug testing if unsafe or suspicious behavior is jeopardizing the athlete or teammates of the athlete. If an athlete tests positive EMSC along with parental guidance will determine the eligibility to continue participation/ competition during the competitive season or during the off-season and may be referred to an approved treatment agency to assess the severity of substance abuse within the athlete's life. If an athlete tests positive a second time, he or she will lose all remaining eligibility to participate in EMSC.

Use of Alcohol During Team Travel:

The consumption of alcohol and other drugs by athletes while traveling as a representative member of an EMSC athletics team is strictly prohibited. Athletes who violate team rules related to alcohol and other drugs will be subject to discipline approved by the EMSC Executive Director and parental guardian. The athlete will also lose the ability to compete at that event with no refund provided.

Athletes who violate this policy shall be subject to discipline, dismissal or citation as applicable. Athletes in violation may be required, with the assistance of EMSC coaches and parents, to participate satisfactorily in alcohol or drug abuse education, counseling or rehabilitation programs approved by EMSC in order to continue as a member of an athletic team.

Please understand there is an open door policy – if at any time an athlete should seek help for substance use – the ask for help prior to violation of policy may not automatically lead to an athlete's termination from EMSC. Athletics should be fun and EMSC is a safe place to develop life skills.

Athlete's Signature

Parent's Signature

Date